Swimming Pools Timetable

(Term Time)

MAIN POOL 20m x 10.5m Depth 0.9m-2m	MAIN POOL 29°C	TEACHING POOL 11m x 5.5m Depth 0.9m	TEACHING POOL 30°C
<u>Monday</u>	Thursday (continued)	<u>Monday</u>	<u>Friday</u>
06:30-08:45 Public Swim (incl. 1 Fast Lane)	13:00-13:30 Aqua	Closed	Closed
08:45-09:30 Swim School (Adults)	16:00-18:00 Swim School		
09:30-11:00 Swim School (HomeSchool)	18:00-19:00 Public Swim		
11:45-13:00 Public Swim	19:00-20:00 Ladies Only Swim		
13:00-13:30 Aqua	20:00-21:00 Aqua	<u>Tuesday</u>	<u>Saturday</u>
15:15-16:00 50+ Swim Session	21:00-22:00 Lane Swim	Closed	Closed
16:00-18:00 Swim School			
18:00-19:00 Public Swim	<u>Friday</u>	<u>Wednesday</u>	
19:00-21:00 Kimberley Swimming Club	06:30-9:00 Public Swim	Closed	
21:10-22:00 Adults Swim	11:45-13:00 Public Swim		
<u>Tuesday</u>	13:00-13:30 Aqua		<u>Sunday</u>
06:30-09:00 Public Swim (incl. 1 Fast Lane)	16:00-18:00 Swim School	<u>Thursday</u>	Closed
11:45-13:00 Public Swim	18:00-19:00 Public Swim	Closed	
13:00-13:30 Aqua	19:00-20:00 Broxtowe Triathlon Club		
16:00-18:00 Swim School	20:00-21:00 Lane Swim		
18:00-19:00 Public Swim	21:00-22:00 Kimberley & Ilkeston Sub-Aqua		
19:00-19:55 Aqua			
20:00-22:00 Lane Swim	<u>Saturday</u>		
	08:00-09:00 Kimberley Swimming Club		
<u>Wednesday</u>	09:00-13:00 Swim School	All pool sessions include customer changing, equipment set up & take down time	
06:30-09:00 Public Swim (incl. 1 Fast Lane)	13:00-14:00 Disabled Swim Session		
12:00- 13:00 Public Swim	14:00-16:30 Public Swim	SWIMMING POOLS ADMISSION POLICY	
13:00-13:30 Aqua	16:30-18:00 Lane Swim	Children under the age of 8 years must be accompanied in the water by a responsible person aged 16 years+	
15:45-18:00 Swim School	18:00-19:00 Kimberley Swimming Club		
18:00-19:00 Public Swim		Main Pool: 1 adult to 1 child aged 0 to 3 years: 1 adult to 2 children aged 4 to 7 years.	
19:00-21:00 Kimberley Swimming Club	<u>Sunday</u>	Non swimmers & weak swimmers must remain in areas of the pool in which they can stand and must wear	
21:05 - 22:00 Lane Swim	08:00-09:00 Public Swim (incl. 1 Fast Lane)	armbands or other buoyancy aids.	
	09:00-10:30 Swim School (Adults)	<u>Teaching Pool:</u> 1 adult to 2 children aged 0 to 3 years: 1 adult to 3 children aged 4 to 7 years.	
<u>Thursday</u>	10:30-15:30 Public Swim	Parent & Toddler Swim: For parents / guardians with children aged 4 years and under only	
06:30-09:00 Public Swim (incl.1 Fast Lane)	15:45-16:45 Swimming Pool Parties	Family Swim: For families with children aged under 8 years	

18:15-21:00 Kimberley Swimming Club



11:45-13:00 Public Swim