



EVENT INFORMATION

Sport Relief Fun Run

Friday 13th March 2020

PRE EVENT INFORMATION

What will you need?

For the event you will need:

- Footwear and clothing for running.
- Drinks and snacks.
- Your best fancy dress outfit (optional, but there will be prizes for the best outfits)

What time does it start?

4:45pm – Registration opens

5:10pm – Participant briefing and mass warm up

5:15pm – Fun Run begins

Registration

All participants must have registered online in advance. There will be no on the day entries permitted.

When you arrive please go to the registration desk to record your attendance.

THE COURSE



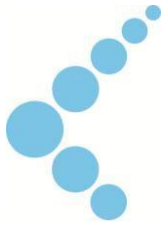
Walk, jog or run along the 3k course which starts and finishes in the centre and takes two loops around the outskirts of Bramcote Hills Park. It's friendly, spacious and ideal for everyone, whatever your age or ability.

Please remember that this event uses shared paths, so please respect other users and give way to them around the course.

If you need any assistance, please speak to one of the marshals.

Toilets

Portaloo toilets are available on site.



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GETTING THERE

Bramcote Hills Park is located on Ilkeston Road (A6007). From Junction 25 of the M1, take the exit onto the A52 Nottingham. Continue along the A52 (Brian Clough Way). At the second roundabout take the 2nd exit to continue along the A52. At the third roundabout (Bramcote Island) take the 2nd exit onto the A6007 Ilkeston Road. Bramcote Hills Park is located on the right hand side just before the mini island. The postcode for the venue is NG9 3JT.

Car Parking

Please, wherever possible walk, jog, cycle or use public transport when attending the event. If you do have to drive, please consider car-sharing to reduce our impact on both the environment and other park users. Please also watch out for other park users when arriving and leaving. Parking is limited.

Car parking is not permitted at Bramcote Leisure Centre, please use surrounding roads.

FURTHER INFORMATION

Children

Children under the age of eleven must be accompanied throughout the run by a parent, guardian or appropriate adult of the parent's choice.

Children in buggies are also welcome but please be mindful of other park users.

Personal property

Liberty Leisure Limited take no responsibility for your belongings. Any items left at the start line are done do at your own risk.

First Aid

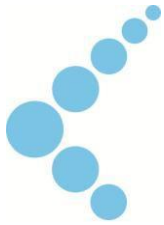
First Aid will be provided onsite by qualified staff. Please contact a marshal if you require first aid support.

Photography

Images of people taking part in this event may be captured by the organiser or other authorised agents by means of film photography and digital photography. These images are intended to be used for promotional purposes i.e. distribution on the Internet, media publications and corporate publications. Images may be shared with Broxtowe Borough Council for promotional use.

Participants should inform the organisers if they do not wish to have their photograph taken, otherwise individuals are deemed to have given their consent by remaining at the event.

Images will be available to view at www.facebook.com/lleisure.co.uk



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Social Media

Use the hashtag #SportReliefRun20 to share your photos and don't forget to tag us



@lleisure_broxtowe



@_lleisure



@lleisure.co.uk

Additional Information and Questions

For further information please contact the Get Active team at getactive@lleisure.co.uk or call 0115 9173572.