



Sun 24th	Xmas SPIN	9:15 - 10:00 with Pete
Weds 27th	Spin	9:30 - 10:15 with Pete
	Spin	17:45 - 18:30 with Pete
	Bootcamp	18:45 - 19:30 with Pete
Thurs 28th	Yogalates	9:00 - 10:00 with Caroline
	Spin	9:30 - 10:15 with Pete
	Easy Pace Circuit	10:00 - 11:00 with Caroline
	Aqua	13:15 - 13:45 with Nic
	BTT	17:30 - 18:15 with Nic
	Bar Blast	18:30 - 19:15 with Nic
	Spin	18:30 - 19:15 with Nev
	Bootcamp	19:30 - 20:15 with Nev
Friday 29th	Circuits	9:00 - 10:00 with Chris
	Bar Blast	10:00 - 11:00 with Chris
	Spin	9:30 - 10:15 with Pete
	Aqua Jog	11:45 - 12:15 with Nicole
	Spin	18:00 - 18:45 with Pete
	Bootcamp	19:00 - 19:45 with Pete
Sat 30th	Spin	9:15 - 10:00 with Kyle
Sun 31st	NYE Spin	9:15 - 10:00 with Kyle